



# Calendar of Events

## MONDAY

- 9:00 AM**  
Today in History,  
Dining Room
- 9:30 AM**  
Morning Stroll,  
Courtyard or  
Neighborhood Loop
- 10:15 AM**  
Cardio Drumming,  
Dining Room
- 11:00 AM**  
Famous Expressions,  
Activity Area

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- 1:00 PM**  
Time Slips  
Creative Story Telling,  
Activity Area
- 1:45 PM**  
Manicures, Activity Area
- 2:30 PM**  
Refreshments,  
Activity Area
- 3:15 PM**  
Furry Friends Pet Visit,  
Courtyard or Activity Area
- 5:30 PM**  
Hand Massage and  
Relaxation, Activity Area
- 6:00 PM**  
Movie Night, Living Room

## TUESDAY

- 9:00 AM**  
Today in History,  
Dining Room
- 9:30 AM**  
Morning Stroll,  
Courtyard or  
Neighborhood Loop
- 10:15 AM**  
Seated Yoga,  
Dining Room
- 11:00 AM**  
Watercolor, Activity Area

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- 1:00 PM**  
Tasty Bites –  
Baking Together,  
Country Kitchen
- 1:45 PM**  
Singing With Susie,  
Living Room
- 2:30 PM**  
Refreshments,  
Country Kitchen
- 3:15 PM**  
Armchair Traveler –  
New Zealand,  
Living Room
- 5:30 PM**  
Manicures and Relaxation,  
Activity Area
- 6:00 PM**  
Movie Night, Living Room

## WEDNESDAY

- 9:00 AM**  
Today in History,  
Dining Room
- 9:30 AM**  
Morning Stroll,  
Courtyard or  
Neighborhood Loop
- 10:15 AM**  
Ageless Grace  
Movement and Music,  
Dining Room
- 11:00 AM**  
Birdhouse Building,  
Activity Area

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- 1:00 PM**  
Entertainment –  
Kalifornia Karl,  
Dining Room
- 2:30 PM**  
Refreshments,  
Dining Room
- 3:15 PM**  
Relish Water Painting –  
Ocean Life, Activity Area
- 5:30 PM**  
Hand Massage and  
Relaxation, Activity Area
- 6:00 PM**  
Movie Night, Living Room

## THURSDAY

- 9:00 AM**  
Today in History,  
Dining Room
- 9:30 AM**  
Morning Stroll,  
Courtyard or  
Neighborhood Loop
- 10:15 AM**  
Zumba With Egg Shakers,  
Dining Room
- 11:00 AM**  
Birdhouse Painting,  
Activity Area

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- 1:00 PM**  
Entertainment –  
Frank King Music,  
Dining Room
- 2:30 PM**  
Refreshments,  
Dining Room
- 3:15 PM**  
Singing With Susie,  
Living Room
- 4:00 PM**  
Armchair Traveler – Spain,  
Living Room
- 5:30 PM**  
Manicures and Relaxation,  
Activity Area
- 6:00 PM**  
Movie Night, Living Room

## FRIDAY

- 9:00 AM**  
Today in History,  
Dining Room
- 9:30 AM**  
Morning Stroll,  
Courtyard or  
Neighborhood Loop
- 10:15 AM**  
Thai Chi, Dining Room
- 11:00 AM**  
Multi-Sensory Collage,  
Activity Area

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- 1:00 PM**  
Scenic Outing,  
Rest Stop Ranch
- 2:30 PM**  
Refreshments,  
Activity Area
- 3:15 PM**  
Sing Fit, Living Room
- 3:30 PM**  
Jigsaw Puzzles,  
Activity Area
- 5:30 PM**  
Hand Massage and  
Relaxation, Living Room
- 6:00 PM**  
Movie Night, Living Room

## SATURDAY

- 9:00 AM**  
Today in History,  
Dining Room
- 9:30 AM**  
Morning Stroll,  
Courtyard or  
Neighborhood Loop
- 10:15 AM**  
Let's Bowl, Dining Room
- 11:30 AM**  
Sing Fit, Activity Area

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- 1:00 PM**  
Bingo Lovers Club,  
Dining Room
- 2:00 PM**  
Reminisce Boxes,  
Activity Area
- 2:45 PM**  
Refreshments,  
Country Kitchen
- 3:30 PM**  
Color My World in Velvet,  
Activity Area
- 5:30 PM**  
Hand Massage and  
Relaxation, Living Room
- 6:00 PM**  
Movie Night, Living Room

## SUNDAY

- 9:00 AM**  
Today in History,  
Dining Room
- 9:30 AM**  
Morning Stroll,  
Courtyard or  
Neighborhood Loop
- 10:15 AM**  
Balloon Toss,  
Dining Room

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- 1:45 PM**  
Music Request Live,  
Activity Area
- 2:30 PM**  
Refreshments,  
Country Kitchen
- 3:15 PM**  
Famous Phrases,  
Activity Area
- 4:00 PM**  
Coloring Convos,  
Activity Area
- 5:30 PM**  
Hand Massage and  
Relaxation, Living Room
- 6:00 PM**  
Movie Night, Living Room