Ø

THE DELANEY® AT THE VALE

Calendar of Events

MONDAY

10:15 AM

Exercise Class: Seated Tai Chi, Core Fit

1:00 PM

Delaney Steppers, Walking Club, Lobby

1:30 PM

Monday Movie Matinee, Mystic Theater

3:15 PM

Mahjong Madness, Pub 1640

4:00 PM

Happy Hour and Trivia, Pub 1640

7:00 PM

Monday Night Football, Mystic Theater

TUESDAY

9:15 AM

Coffee Club and Current Events, Gelly Bistro

10:15 AM

Exercise Class: Cardi Drumming, Core Fit

1:00 PM

Delaney Steppers, Walking Club, Lobby

1:30 PM

Tuesday Travel Club/ Documentaries, Mystic Theater

3:15 PM

Tuesday Table Games, Pub 1640

4:00 PM

Happy Hour and Trivia, Pub 1640

WEDNESDAY

10:00 AM

Financial Matters Bank Trip, Meet in Lobby

12:00 PM

Out and About, Grocery Stores, Meet in Lobby

1:30 PM

Guest Speaker and Discussion, Mystic Theater

3:15 PM

Krafting Together, Kraft Room

4:00 PM

Dining Out, Meet in Lobby

6:00 PM

Rom Com and Wine Wednesday, Mystic Theater

THURSDAY

9:00 AM

Games Galore, Gelly Bistro

10:15 AM

Exercise Class: Seated Yoga, Core Fit

1:00 PM

Delaney Steppers, Walking Club, Lobby

1:30 PM

Movie Matinee, Mystic Theater

3:15 PM

Kraft Club, Kraft Room

4:00 PM

Happy Hour and Trivia, Pub 1640

6:00 PM

Rock 'n' Roll Bingo, Delaney Room

FRIDAY

9:00 AM

Coffee and Current Events, Gelly Bistro

10:15 AM

Exercise Class: Seated Yoga, Core Fit

1:00 PM

Delaney Steppers, Walking Club, Lobby

1:30 PM

Movie Matinee, Mystic Theater

3:00 PM

Live Entertainment, Celtic Harpist, Pub 1640

4:00 PM

Happy Hour, Pub 1640

6:00 PM

Night at the Oscars, Mystic Theater

SATURDAY

9:00 AM

Open Art, Kraft Room

10:15 AM

Exercise Class: Seated Yoga, Core Fit

10:30 AM

Scenic Adventures, Gloucester Lunch, Meet in Lobby

11:00 AM

Delaney Steppers, Walking Club, Lobby

1:30 PM

Saturday Science, Gelly Bistro

3:00 PM

Scrabble Tournament, Delaney Room

SUNDAY

9:00 AM

Church Coach Service*

11:00 AM

Sooth Your Soul, (Inspirational Self-Study)

1:00 PM

Left, Center, Right (LCR) Dice Game, Gelly Bistro

3:30 PM

Living Through Loss Support Group Meeting, Mystic Theater